

Bio-Three[®] H

- Features:

Bio-Three H is a living bacteria preparation containing 3 different kinds useful bacteria such as Lactic acid bacteria, Butyric acid bacteria and Amylyolytic bacteria. By active proliferation of these 3 kinds useful bacteria and the incidental increase of bifidobacteria, intestinal microflora becomes well balanced, consequently fecal disorder improves including constipation and loose stool.

- Caution in use:

1. Following persons should consult with physician or pharmacist before taking.

Those persons who are currently receiving medical treatment by physician.

2. In the following case, discontinue taking and consult with physician or pharmacist by submitting this insert.

When symptoms are not improved after taking for about 1 month.

- Ingredients & Content (per 3 sachets or 3g):

Ingredient	Content	Action
Lactomin (Lactic acid bacteria)	30mg	It produces lactic acid which regulates intestinal environments, and improves stool disorders by symbiosis with butyric acid bacteria.
Butyric acid bacteria	150mg	It proliferates in the intestine with lactic acid bacteria and produces butyric acid which is useful for intestinal health, and activates intestinal movements.
Amylyolytic acid bacteria	150mg	It proliferates bifidobacteria and lactic acid bacteria which are useful intestinal bacteria.

- Indications

Intestinal regulation (fecal regulation), Constipation, Soft stool, Abdominal fullness

- Dosage and administration:

Take the followings after each meal.

Age	Each dosage		Daily frequency
	sachet	bottle	
Adult (more than 15y)	1 sachet	1g	3 times
Infant (3m – 15y)	1/2 sachet	0.5g	
Baby (less than 3m)	No administration		

(For bottle, one spoonful is 1g.)